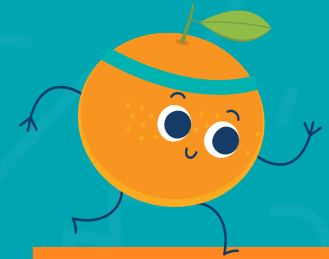


How can you get your family to get more steps in a day?



At Beezee Families, we work with hundreds of families who want to start moving more, but struggle to find the time or motivation! Sounds familiar?

Try our Beezee bingo nature card! It's a great way to discover the wonders of walking. Keep an eye out for each object and cross off as you go!

We run FREE* healthy lifestyle programmes that focus on getting more active, eating healthier, and having fun while doing do!

Scan the code
to sign up today

...or click here
to get started



hrt.maximusuk.co.uk

Rabbits



Daisy patches



Horses



Convertible car



Bird of prey



Someone wearing
flip flops



Lake or pond



Butterflies



Someone having
a picnic



Remember to stay safe while you walk! Carefully check roads before you cross them and don't get too close to the edge of water.



Hertfordshire