

Bounce: a-a-a-a-apple Handwrite: Round the apple, down the leaf



Bounce: b-b-b-boot Handwrite: Down the laces to the heel, round the toe



Bounce: c-c-c-caterpillar Handwrite: Curl around the caterpillar



Bounce: d-d-d-dinosaur Handwrite: Round his bottom, up his tall neck, down to his feet



Bounce: e-e-e-egg Handwrite: Lift off the top and scoop out the egg



Stretch: ffffflower Handwrite: Down the stem, and draw the leaves



Bounce: h-h-h-horse Handwrite: Down the head to the hooves and over his back











Stretch: IIIIleg Handwrite: Down the long leg



Stretch: mmmmountain Handwrite: Maisie, mountain, mountain



Stretch: nnnnnet Handwrite: Down Nobby, over his net



Bounce: 0-0-0-orange Handwrite: All around the orange



over the pirate's face



Bounce: qu-qu-qu-queen Handwrite: Round her head, up past her earrings and down her hair



Stretch: rrrrobot Handwrite: Down his back, then curl over his arm



Stretch: sssssnake Handwrite: Slither down the snake



Bounce: t-t-t-tower Handwrite: Down the tower, across the tower



Bounce: u-u-u-umbrella Handwrite: Down and under, up to the top and draw the puddle



Stretch: vvvvvulture Handwrite: Down a wing, up a



Bounce: w-w-w-worm Handwrite: Down, up, down, up



Bounce: x-x-x-exercise Handwrite: Down the arm and leg and repeat the other side



Bounce: y-y-y-yak Handwrite: Down a horn up a horn and under his head



Stretch: zzzzzip Handwrite: Zig-zag-zig



Bounce: ch-ch-ch-choo! The horse sneezes when the caterpillar's hairs get up his nose



Stretch: shhhh says the horse to the hissing snake



Stretch: thhhhh The princess in the tower is rescued by the horse. She says: thhhhankyou



Stretch: nnnnk I think I stink think, stink, wink, tink, blink, link, pink



Stretch: nnnng A thing on a string thing, ping, string, wing, sing, sang, pong, song